

+1

Sea Cake
Heal +1

Hand Roll
Heal +1

Leaf Poultice
Heal +1

Buttery Sea Loaf
Heal +1

Long Life Soup
Heal +1
Regeneration x1

Berry Ice Cream
Heal +1
Li Will Eat

Heal (+Cures)

+2

Tasty Cake
Heal +2

Tough Cake
Heal +2
Defense +2 for 15 sec

Tasty Roll
Heal +2

Healing Poultice
Heal +2

Sight Poultice
Heal +2
Blindness Cured

Leeching Poultice
Heal +2
Poison Cured

Magic Soup
Heal +2
Speed +1 for 30 sec

Vedha's Cure-All
Heal +2
All Status Cured

+3

Hot Borscht
Heal +3
Speed +1 for 30 sec

Cold Borscht
Heal +3
Defense +1 for 15 sec

+5

Divine Soup
Heal +5
Speed +2 for 30 sec

100%

Arcane Poultice
Full Health

Loaf of Life
Full Health
All Status Cured
Regeneration x3
Defense +3 for 15 sec

Regeneration

x1

Veggie Soup
Regeneration x1
Speed +1 for 30 sec

Veggie Cake
Regeneration x1

Long Life Soup
Regeneration x1
Heal +1

Veggie Ice Cream
Regeneration x1

x2

Special Cake
Regeneration x2

x3

Loaf of Life
Regeneration x3
Full Health
All Status Cured
Defense +3 for 15 sec

Poison Loaf
Heal -2

Rainbow Soup
Trippy

Poison Soup
Poisoned Status

Rotten Cake
Heal -2

Zuuna's Perogi
Poisoned Status
Energy shot +3 for 45 sec

Harmful

Defense

+1

Hearty Soup
 Defence +1 for 15 sec
 Speed +1 for 30 sec

Perogi
 Energy shot +1 for 45 sec
 Defence +1 for 15 sec

Vedha Sea Crisp
 Defence +2 for 15 sec

Cold Borscht
 Defence +1 for 15 sec
 Heal +3

+2

Crab Cake
 Defence +2 for 15 sec

Tough Cake
 Defence +2 for 15 sec
 Heal +2

Plump Perogi
 Energy shot +2 for 45 sec
 Defence +2 for 15 sec

Turtle Soup
 Defence +3 for 15 sec

100%

Legendary Cake
 Invincible for 10 sec

+3

Loaf of Life
 Defence +3 for 15 sec
 Full Health
 All Status Cured
 Regeneration x3

+1

Hot Soup
Speed +1 for 30 sec

Hearty Soup
Speed +1 for 30 sec
Defence +1 for 15 sec

Veggie Soup
Speed +1 for 30 sec
Regeneration x1

Hot Borscht
Speed +1 for 30 sec
Heal +3

Magic Soup
Speed +1 for 30 sec
Heal +2

Speed

+2

Royal Soup
Speed +2 for 30 sec

Divine Soup
Speed +2 for 30 sec
Heal +5

Dumbo Ice Cream
Sun Ability +1 for 60 sec

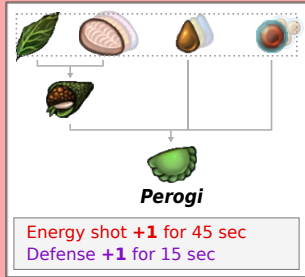
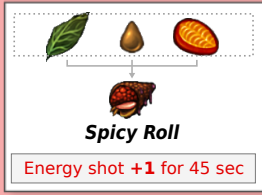
Leadership Roll
Pet Power +1 for 30 sec

Light

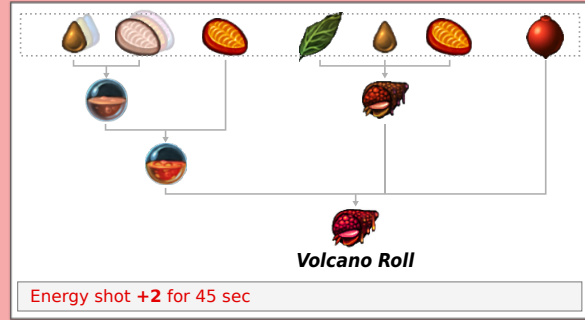
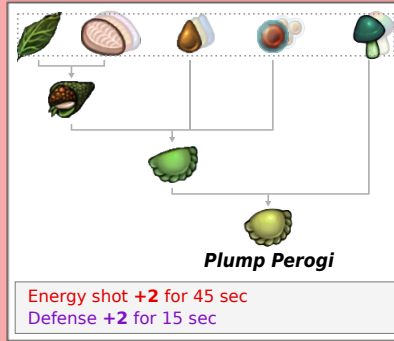
Energy Shot:

Offense

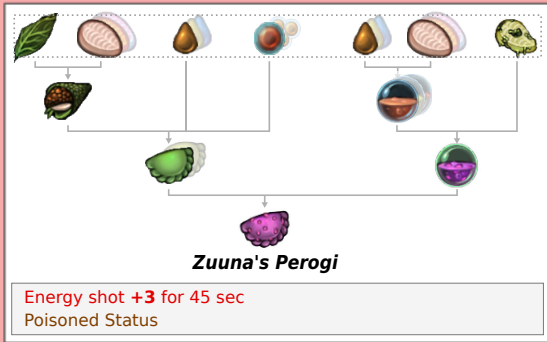
+1



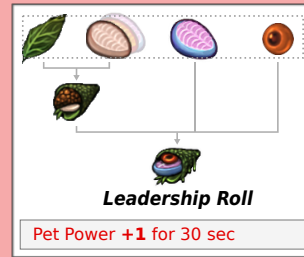
+2



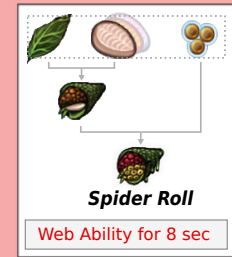
+3



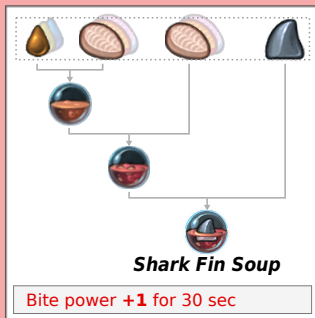
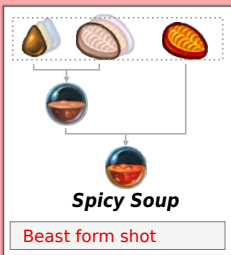
Pet:



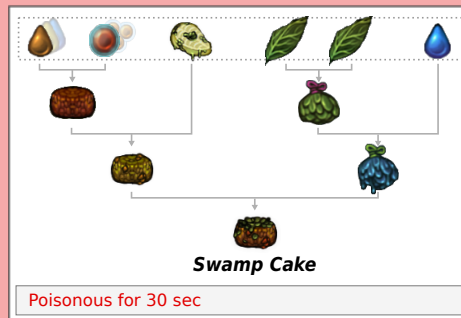
Misc:



Beast Form:



Fish Form:



Key

Ingredients Symbols:

see <http://strategywiki.org/wiki/Aquaria/Ingredients>

Compound Symbols:

- | | | | |
|--|--------------|--|----------------------------|
| | Any Oil | | Any Soup |
| | Any Meat | | Plant Leaf or Green Bulb |
| | Any Egg | | Rotten Meat or Poison Soup |
| | Any Mushroom | | |